FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type 1	Responses	s)															
Name and Address of Reporting Person * Byrd Heath				2. Issuer Name and Ticker or Trading Symbol SONIC AUTOMOTIVE INC [SAH]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director 10% Owner				
(Last) (First) (Middle) C/O SONIC AUTOMOTIVE, INC., 4401 COLWICK ROAD				3. Date of Earliest Transaction (Month/Day/Year) 11/14/2019							X Officer (give title below) Other (specify below) EVP and CFO						
(Street) CHARLOTTE, NC 28211				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	TE, NC	(State)	(Zip)			Ta	ıble I	- Non	-Deriv	vative S	Securities	Acau	ired. Disp	osed of, or l	Beneficially	Owned	
(Instr. 3) Dat			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if		te, if	(Instr. 8)		etion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		uired	5. Amoun Beneficia Reported	of Securities ly Owned Following Fransaction(s)		6. Ownership Form:	Beneficial
						ode	V	Amoun	(A) or (D)	Price	(Instr. 3 a	10 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Class A Common Stock 1		11/14/2019				S	(1)		4,366		\$ 35	172,876	172,876		D		
			Table II - l					1 quire	the fo	orm dis	splays a coof, or Bene	curre eficial	ntly valid		spond unle trol numbe		
(Instr. 3) Pri	enversion Exercise rice of erivative ecurity	3. Transaction Date (Month/Day/\)	3A. Deemed Execution Da	te, if 4.	4. Transaction Code (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Beneficia Ownersh (Instr. 4)	
				(Code	V	(A)		Date Exerc		Expiration Date	Title	Amount or Number of Shares				
Reporti	ing O	wners															

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Byrd Heath C/O SONIC AUTOMOTIVE, INC. 4401 COLWICK ROAD CHARLOTTE, NC 28211			EVP and CFO				

Signatures

/s/ Heath R. Byrd	11/18/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Shares sold pursuant to pre-established 10b5-1 Trading Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.