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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

I. Name and Address of Reporting Person – RACHOR JEFFREY C	2. Issuer Name and Ticker or Trading Symbol SONIC AUTOMOTIVE INC [SAH]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner				
(Last) (First) C/O SONIC AUTOMOTIVE, INC., INDEPENDENCE BOULEVARD	- 10 1 TO 1 0 TO	3. Date of Earliest T 05/13/2008	ransaction (Mont	h/Day/Ye	ar)		Officer (give title below)Ot	her (specify belo	w)	
(Street) CHARLOTTE, NC 28212	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)		Table I - N	lon-D	erivative	Securi	ties Acqui	ired, Disposed of, or Beneficially Own	ed		
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)	ion V	4. Securi (A) or Di (Instr. 3, Amount	isposed	of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
Class A Common Stock	05/13/2008		М		18,333	А	\$ 16.51	23,726	D		
Class A Common Stock	05/13/2008		М		6,667	А	\$ 19.23	30,393	D		
Class A Common Stock	05/13/2008		S		25,000		\$ 19.41 (1)	5,393	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
Security (Instr. 3)	Conversion	(Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion)	of D Secu Acq or D of (I	Derivative urities uired (A) Disposed D) tr. 3, 4,	(Month/Day/Y	ie	7. Title and of Underlyin Securities (Instr. 3 and	ıg	Derivative	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial Ownership
				Code	v	(A)			Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Options to Purchase	\$ 16.51	05/13/2008		М			18,333	04/11/2002	10/11/2011	Class A Common Stock	18,333	\$ 0	0	D	
Options to Purchase	\$ 19.23	05/13/2008		М			6,667	(2)	04/21/2015	Class A Common Stock	6,667	\$ 0	68,333	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
RACHOR JEFFREY C C/O SONIC AUTOMOTIVE, INC. 5401 EAST INDEPENDENCE BOULEVARD CHARLOTTE, NC 28212	Х						

Signatures

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were sold at prices ranging from \$19.35 to \$19.58.
- (2) Options vested in three equal annual installments beginning on 4/21/2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.